

SisterhoodKIDS

parents and kids growing in Christ together

This lesson plan is designed to teach your children the concepts you are also learning during the Sisterhood Season. This guide will help instill truths into your children in a way they can understand. Feel free to adapt this plan's order and activities to best fit the learning needs of your children. We can't wait to see how God uses this GENERATION AFTER GENERATION!

March 2024

As children come in, give them each a nametag with his/her name written on it.

Intro: Sit kids on the floor in front of the tv.

Welcome & Prayer

Say: We are going to start with a little game of "Who Am I?" I am going to think of a person from the Bible. I will give you clues about this person, and when I say, "Who Am I?", everyone can say the name out loud.

I am a man. My story is in the Old Testament. I was a faithful friend to God. God spoke to me and I followed what He told me to do, even though what I was doing made me look very strange to my neighbors. I built a very large boat, but there was no water anywhere near me and it had never even rained before. When I finished the boat, a boy and a girl of every type of animal came into my boat. Who am I? (Repeat this with Jonah) (Move kids to the table that is set up with the water and Tupperware)

Object Lesson: TUPPERWARE ACTIVITY

Have the labels facing you, so that the kids cannot see them yet.

Say: Who are you? Now, we are going to talk about who YOU are. Raise your hand if you can give us some words describing who you are, without telling us your name. I can start...I am a Mom.

(Encourage words such as daughter, son, friend, student, grandchild, sister, brother, basketball player, artist, reader, fisherman, video gamer, singer, drawer, etc).

Say: These are all good things about us. These are all things that we enjoy being, but it should not be the MOST important thing about us. These things should not be the things that make us feel important or safe. Many of these things that we just said could be temporary, or could go away...then what? There is something better, that lasts forever, that tells you who you are! Watch this...

(Turn around the Tupperware labeled STUDENT. Read the label out loud for the nonreaders. Pour some water into it.)

Say: Let's pretend this water is what makes you who you are. Ok, you are a really good student. You work hard at school and do your best on every assignment your teacher gives you. You like that you get really good grades. (Start shaking the Tupperware so that all the water spills over the sides as you are talking) BUT, what happens if you get a bad grade? Or, what if you get older and Math starts to get hard for you? Or, what if you have a teacher for a whole year that you just don't understand? Are you no good anymore because you are not as good of a student anymore? Are you left feeling empty because you thought your identity, who you are, was only important because you were a good student?

Materials:

- 1 small Tupperware or bowl labeled **STUDENT**
- 1 small Tupperware or bowl labeled **FRIEND**
- 1 small Tupperware or bowl labeled **SOCCER PLAYER**
- 1 large Tupperware with lid labeled **CHILD OF GOD**
- **Pitcher of water**

Repeat with “FRIEND” Tupperware

Say: You have a great best friend or friends. Do everything together. Always get along well. Enjoy spending time together. What happens if you move away from your friends? What happens if they go to a different school as you? What if your friend decides to be best friends with someone else?

Repeat with “SOCCER PLAYER” Tupperware

Say: What happens if you get hurt and cannot play soccer? What happens when I grow out of being able to play on a team?

Say: All of these things are good, and God likes to see you enjoying them. He made you to enjoy them. But these things may not last forever, so they are not who you are. They are not the most important things about you. If you think that these things make up who you really are, then what happens when they go away? If you believe in God, that He created you to be exactly who you are-unique, one-of-a-kind, different from everyone else-that He loves you always, then you can know that who you really are is found in God. (Turn around CHILD OF GOD Tupperware and pour water into it as you are talking) God even calls us His children in the Bible, so we know it is true. 1 John 3:1 says, “See how very much our Father God loves us, for He calls us His children, and that is what we are!” Each one of us is a Child of God! (Put lid on the Tupperware as you say the next line) You are a Child of God and that can not be taken away from you. When you are a Child of God, he is with you always...nothing can separate you from Him. (Shake Tupperware showing how no water comes out as you keep talking) Even if you are not as good of a student anymore... still a Child of God. Even if you can not play sports anymore...still a Child of God. Even if you need to move away from all of your friends...still a Child of God. Even if it seems like your whole world has turned upside-down (turn Tupperware upside-down), you are still a Child of God and He loves you so very much! You are safe with God and remember that He loves you and will never leave you. You are important and loved because you are a Child of God. Remember that the God who created the trees, the stars and the mountains, created you to be exactly as you are and He loves you because you are His child.

Game: STAND UP!

Do a quick game of STAND UP/SIT DOWN to shake their sillies out a bit before beginning the craft. Have everyone sit on the ground. Tell them to stand up if they like basketball. Everyone sits. Stand up if they like to sing, are a sister, etc. End the game with Stand up if you are a Child of God!

Craft: ‘I AM A CHILD OF GOD’ MIRRORS

Let each child choose their color of foam sheet. Have them peel off the yellow side to reveal the sticky side of the mirror sheets. Place the mirror sheet on the foam sheet and push to stick. Keep the mirror side covered until they are done decorating the front side.

Write, or have them write, “Child of God” above or below the mirror, onto the foam, using a permanent marker. Have the children write their name or use stickers to put their name above or below the mirror, onto the foam. Then have the children decorate their frame!

Using the ribbon and glue, make a circle with the ribbon and glue it towards the top on the back, to make a hanger for the mirror. Peel off the blue cover on front of the mirror to reveal the mirror face.

Have children put this in their bedrooms, to remind themselves that each time they look into it, they are looking at a Child of God! How wonderful that is!

Materials:

- mirrors sheets
- foam sheets
- scissors
- markers
- stickers
- ribbon
- glue

Read: WHO I AM...AS A CHILD OF GOD by Vivian Lee Mun

After reading, tell them that you are going to give them another name tag. They already have one with their NAME on it, so this one will have their IDENTITY on it, who they are. Ask kids what they think will be written on this name tag. Give each child a name tag with Child of God written on it to wear.

Coloring page: I AM A CHILD OF GOD

The printable coloring sheet is available at the end of this document!

PRAY:

Example Prayer:

Dear God, I know that I am your child. Help me to remember that is my most important name. Help me to remember that I am loved by You. You created the trees, stars, mountains, and everything else on this earth. And You created me. Thank you for loving me and calling me Your child.
In Jesus' name, Amen.

TEAM on 3!

